

## CHALLENGER TOURNAMENT TEAM

Continue to work on all of the shots of the game using proper grips and technique. Players will develop consistency and shot placement. Emphasis will be on shot selection, anticipation and mental toughness. Match-play outside of class in leagues and tournaments is encouraged.

Tuesday	3:30-4:30pm (12 weeks)
M-\$108.00	NM-\$120.00
Thursday	3:30-4:30pm (11 weeks)
M-\$99.00	NM-\$110.00

\*Note: 10% discount if child participates in two class times for the entire session.

### Fees per time:

Member (M) \$11.00

Non-member (NM)  
\$12.00



All tennis classes will be taught by Todd Willing, USPTA certified instructor.

Private and group lessons may be arranged.

## QRC TOURNAMENT TEAM

This class is for players who are committed to take their game to the next level. These players have sound tennis fundamentals and compete in local and out-of-town tournaments. Emphasis on stroke production, match strategies, physical and mental discipline. Players will develop a performance plan by setting short and long term goals. Challenge matches with juniors and adults are encouraged.

Monday	3:00-4:00pm (11 weeks)
M-\$99.00	NM-\$110.00
Wednesday	3:00-4:00pm (12 weeks)
M-\$108.00	NM-\$120.00

To register, contact:  
3336 State St.  
Quincy, IL 62301

Phone: 224-6161  
E-mail: [racquets@qrctennis.com](mailto:racquets@qrctennis.com)  
Website: [www.qrctennis.com](http://www.qrctennis.com)

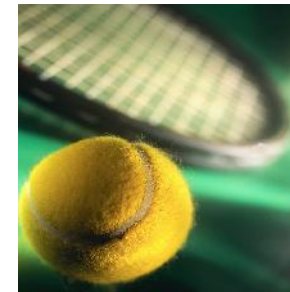


# Junior Tennis Program

Winter Session

November 28— February 25, 2012

No Classes - Christmas Break  
December 22-January 2, 2012



Quincy Racquet Club

Quincy Racquet Club

Tel: (217) 224-6161

Todd Willing, USPTA  
Head Tennis Professional

For more local tennis information, check out  
[www.quincytennisassociation.com](http://www.quincytennisassociation.com)

# Junior Tennis Winter Session

## HOT SHOTS :

The Hot Shots clinic is designed for players age 8 and under and will utilize the USTA's Quickstart format. Players will drill and play on a 36 foot court and use the Quickstart format red and foam balls. Participants will be introduced to groundstroke, volley, and serve technique and will perform drills to acquire racquet control. These shots will be used to develop rallying skills, perform drills, and play games.

**Ages 5-6** Thurs. 5:30-6:15pm (11 weeks)  
M-\$94.00 NM-\$105.00

**Ages 7-8** Wed. 5:00-6:00pm (12 weeks)  
M-\$108.00 NM-\$120.00

**Ages 7-8** Sat. 9:30-10:30am (11 weeks)  
M-\$99.00 NM-\$110.00

## Fees per time:

Member (M) \$11.00 Non-member (NM) \$12.00

## HEAVY HITTERS :

The Heavy Hitters clinic is designed for players ages 9 & 10 and will utilize the USTA's Quickstart format. Players will drill and play on a 60 foot court and use the Quickstart format orange balls. Participants will be introduced to groundstroke, volley, and serve technique and will perform drills to acquire racquet control. These shots will be used to develop rallying skills, perform drills, and play games.

### Ages 9-10

Wed. 5-6pm (12 weeks)  
M-\$108.00 NM-\$120.00

Thurs. 4:30-5:30pm (11 weeks)  
M-\$99.00 NM-\$110.00

### Ages 9-10

Sat. 9:30-10:30am (11 weeks)  
M-\$99.00 NM-\$110.00

## JUNIOR NOVICE:

Introduction to the basics of tennis, including: serve and return, forehand and backhand groundstrokes, volleys and overheads. These players will learn the scoring system of tennis and begin to rally while using correct techniques.

**Ages 11 & up** Wed. 4-5pm (12 weeks)  
M-\$108.00 NM-\$120.00

Financial Need scholarships are available.

Please contact Monica Hinkamper 224-6161, for more information.

## FUTURES :

Players will continue to work on the basics of tennis, including: serve and return, forehand and backhand groundstrokes, volleys and overheads. These players are involved in match-play during leagues and outside of scheduled class times.

Monday 5:00-6:00pm (11 weeks)  
M-\$99.00 NM-\$110.00

## JUNIOR TEAM CHALLENGER:

Players possess a strong understanding of groundstroke, serve and volley. Players can rally with consistency and utilize skills to play live ball points. Players also have the ability to hit groundstrokes and volleys with correct technique from a fed ball to targets.

Monday 4:00-5:00pm (11 weeks)  
M-\$99.00 NM-\$110.00

THE FUTURES AND J.T. CHALLENGER WILL BE OFFERED ON SATURDAYS 11:30-12:30 IF ENOUGH PLAYERS ARE INTERESTED.

Quincy Racquet Club

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